

ASTRAL ENTITY ATTACHMENT : CROSSING THE VEILED BOUNDARIES

September, 2021

It was another very busy week at work for me, very hectic. It just won't seem to settle down this year. It's got to at some point, but no end in sight so far. Anyway, after work this week, on a few occasions, I was taking part in an online discussion on a paranormal themed discussion forum that I frequent every now and again. A young man came along and started a discussion where he basically said that he was about to start doing active paranormal investigation because this was something that he was very much interested in pursuing. He was posing the discussion as a question to paranormal investigators with some degree of experience... "what is the safest way to go about doing this?" He stated openly that he was a bit concerned about getting hit with attachments or having "something follow him home"... I believe he stated it as. A few individuals came along and left comments. These were a bit of a variety in what they said. There were a few people who basically said that this is going to have some degree of danger to it no matter what. Try and be safe, keep your head about you, but there's no guarantees when it comes to this sort of thing. I agreed with that myself.

Then there were a few other comments that basically said things along the lines of... "there's no danger at all"...I have been involved in paranormal investigating for many years and I've never had a problem.... it's completely safe." I could tell that there were many people there that were very enthusiastic about this pursuit. For some people this is their passion....their hobby....something that they indeed felt very enthusiastic about.

So at first I wasn't sure if I was going to jump in on this discussion. For one, I don't consider myself a paranormal investigator really. I was actively doing quite a lot of EVP recording back during the winter of 2015, but within just two months, I was hit with a nightmare of an attachment /oppression situation. I never really had a chance to get going with it before I was blown out of the water so to speak. Yes, I got taken out very early. So I don't agree with statements that say it's completely safe, that there's no danger whatsoever.

However, I respect that it's a passion for some people, something that they do enjoy immensely. And yes, some people can pursue this for many years and they don't have these kind of bad experiences. They are indeed very fortunate. However, bad experiences sometimes do occur. So I do not personally believe that it's accurate to say that there are no dangers, or that it's completely safe across the board.

So I was uncertain what to say at first. On the one hand, this guy who started this conversation seemed very enthusiastic about getting into this field of research, so I didn't want to put a damper on that. However, he was asking specifically about the dangers and what can be done to try to avoid them. When I do stop by this particular paranormal themed discussion

forum, I usually don't take part in the conversations, at least not very much. I'm just checking things out, seeing what's happening out there in the world. However, when I do jump in, it's usually on a discussion along these lines....where somebody is specifically asking about the dangers of investigating the paranormal, or communicating with spirits. As I said, I don't consider myself any kind of paranormal investigator, I was knocked out of it way too early, but I do know something about the dangers, or at least a few of them. I have experienced the effects of these dangers myself, and I have met many others and I've become friends with many others since 2015 who have had similar experiences. So if somebody is specifically asking about the dangers... what they look like.... how to perhaps avoid them... yes, this is where I jump in and add my two cents every now and again. I am a bit squeamish about doing this sometimes because back in 2015, a few months after my attachment situation began, I did go online and go to a number of paranormal discussion forums and told my story to see if anybody else had similar experiences and also to warn others about this particular danger. Let me just back up here and saywhen I'm saying this particular danger, I'm talking about the type of entity attachment situation that I've been dealing with since 2015. I sometimes speculate about the differences with these situation, how these attachments situation do have their differencesdifferent aspects about them from case to case. But just speaking very generally, in a very broad manner... I think at least two categories can be pondered here. There's the more subtle attachment, the ones that are under the radar so to speak. This is where an individual might be influenced by an attaching entity or entities. They might experience things like mood swings or bad dreams or disturbing thoughts....things such as that. They might suspect that something isn't right here, but they can't pinpoint the source.

Then there's the very blatant, in your face, very much out in the open kind of attachment situation where the attaching entities are not trying to stay hidden, they're not trying to stay under the radar....they want you to know that they are there and they're basically beating you over the head with the fact that they are there. My personal situation falls into this category. The entities that caused me so much trouble since 2015 were not subtle at all, they were very much out in the open. What this looks like in my own situation and in the similar accounts of others that I've met, is experiencing things like hearing voices (most often intruding and tormenting voices)... feeling physical/bodily sensations, and experiencing bad dreams, often on a regular basis...sometimes night after night even. Sometimes these entities will even pull stunts to try and freak you out. I went through a stage of this in the early days of my situation. Sometimes I refer to it as "the shock and awe phase."

For me this occurred mainly during the month of March 2015. By the end of February 2015, at the end of my recording endeavor, I started having incidents of hearing some of the EVP voices outside of the sessions. I would hear them at work or when I was driving here or there, or when I was out and about somewhere. It started with incidents like that. But the incidents kept increasing, they kept happening more and more and this is what was going on in March 2015.....things were escalating. I had stopped recording at this point, I knew that I was in some serious trouble here and I hoped that if I stopped recording and tried to run away from all this, these voices would go away. But this didn't happen.... things kept escalating. That was one

particularly frightening thing about it, that no matter what I did the situation just seemed to keep on following me and seem to keep getting worse.

So these entities would do things to try and heighten my fear and anxiety. I remember a few occasions where I would go into work in the morning (I was typically the first one there, I lived the closest) and I would see that there were some voicemails. I would play the messages and to my horror.....on these messages were the same voices, the negative EVP voices that had been following me around and harassing me. They said things like "we're coming for you"... then speak my name, and other such unsettling statements. I knew that these messages were directed at me and yes it was the same voices....I could tell right away. So here they were embedding EVPs on voicemails at my work.

Then one afternoon ...sometime in March 2015, I was at work and the phone rang. I picked it up and there was a male voice on the other end and he was asking if we were hiring, he said he was looking for a job. This voice sounded perfectly normal, and it was very clear, a very clear voice. Then this male voice started to get a little belligerent, which I thought was odd, but at this point I was just starting to think it was a prank call...teenagers or something like that. Then the voice made a comment about my mother being deceased. Now my mother had passed away a few months earlier, so then I realized that something was wrong here. Here was this voice that I didn't recognize... making these derogatory and very personal comments towards me. I was just scratching my head wondering what the hell is going on here. But again, the voice sounded so clear, aside from these comments it seemed like a completely regular phone call.

Then something else happened, I heard a female voice speak in the background, and this voice said my name. This voice I recognized right away. This was a female voice that I had heard many times on my EVP recordings and that was the main voice (I would say) that I was hearing outside of the recordings now. I was hearing several different voices then, but this female one seemed to be the main one, the main tormentor. In fact, it was the same female voice that I still hear to this day. It's the one remaining voice that I hear on a regular basis. Now this voice identifies herself by the name Crystal, but back in 2015, she wasn't using this name yet. Back to the phone call, yes as soon as I heard her voice I knew right away that this was no ordinary phone call, but this was essentially a call from the other side. So this certainly got my attention in a bad way. So here's another example of them trying to shock me by something that they could do and here they literally called me on the telephone. Now this is actually something that's been documented quite a bit over the years. There are a few books out there about phone calls from the other side. I guess you can say that I experienced a prank call from the other side. What really sticks in my memory about it is how clear it was, how clear the male voice sounded in the beginning and I wasn't even thinking that it was from these entities, I thought it was just a regular phone call. But when I heard that female voice I knew... because I recognized her voice right away. Even at this early stage in my situation, this female voice was already well known to me and I would have been able to recognize it anywhere pretty much.

Anyway I'm going off in all sorts of different directions here. Getting back to this online discussion, I decided to jump in and add some of my own thoughts, but I wanted to state things

in a way where it didn't seem like I was trying to put a damper on this guys enthusiasm. This guy could take up paranormal investigation and absolutely love it and never have a problem and it could bring him a lot of joy and happiness. I thought about this and I didn't want to mess with that. But at the same time, he was asking these important questions about the dangers.

So I decided to phrase my comments a little differently than I typically do. I said that one thing that I did wrong when I was starting out was that I crossed the boundary between investigating and out right channeling without giving it much thought, pretty much without even realizing it initially. I went on to explain that when I first started with EVP recording, I was just doing this because it was something that I was interested in and I was just hoping that I would capture something. I wasn't even envisioning at the time that within a few short weeks I would be spending hours having very intense.... direct.... one on one communication with a group of beings from the spirit realms or from some other dimension. I wasn't expecting this at the time and I was just thinking I'd be lucky if I captured anything at all on my recordings. But when I did start capturing things, when I did start hearing voices on the recordings..... things became very intense very quickly and I told him how I started to hear some of the same voices on my recordings and they would be there time after time and it reached a point where it did seem in fact like I was holding conversations with a regular group. So here events for me took a drastic turn. And let me just say that this all happened very quickly, so in hindsight ...I'm not even sure if I had much of a chance to really reflect upon what I was experiencing at the time. Within one week of the first recording session that I did where I actually captured voices (and these were voices that were directly answering questions that I had asked) it seemed like my recordings suddenly came alive with voices. I was hearing voices on practically every recording that I made. It went from hearing absolutely nothing in the first few weeks... to now hearing into another world it seemed like.

In hindsight, this is where I believe that I crossed a boundary, I crossed the Rubicon so to speak. Without even really taking it into consideration, I was no longer recording just to see if I would hear something, I was recording to communicate directly with this group of voices, the same voices that I was hearing on each recording. At this point I was using EVP recording as a direct means of communication with these beings and it was very prolonged communication. Once I started hearing their voices to this degree, I found that I started to be able to hear them more clearly. I would do these sessions some nights for hours. And I would listen to the recordings very intensely to try and make out every single reply...every voice that I could hear. I got myself a nice expensive set of headphones to do this. This is also where I believe that I crossed another boundary. I was listening very intensely... very deep down into these recordings to try and hear whatever I could. Some of the voices that I captured on recording were louder...clearer... Class A perhaps, but there were many others that were deeper down in the recordings and I had to really hone in my hearing to make out what they were sayingand this is exactly what I tried to do.

So here I believe that I was tuning in my hearing perception to hear these voices and this would come back to literally haunt me later on. If what I was stricken with could be called clairaudience (and I believe that it can) then I suspect that this was the point when I started to

develop this ability, when I started to change my hearing perception. Only in this case it's important to stress that clairaudience here was not any kind of gift. I mention this because just from what I've seen written about clairaudience in various material....it's usually associated or talked about as a kind of psychic gift that can be used for positive spiritual experiences. Perhaps this is true enough, but all I can say is that for myself.... pretty much as soon as I started to develop this ability....it was hijacked by these entities....who were essentially plotting I believe, to attached to my life. So yes, sometimes clairaudience is not a gift, at least not when it's hijacked and used against you. By this I mean the ability to hear these voices... these entity voices....these astral voices...whatever you want to call them. For myself, I couldn't control it for a long time, I still can't control it to this day completely, but I've developed the ability to at least control it to a degree. It was certainly never anything where I could turn this ability off whenever I wanted to...like turning off a light switch. Once these entities that were seeking to attach... knew that I could hear them outside of the recordings, they sought to use this fact as a means of torture essentially.

I've given a lot of thought to when exactly did I become clairaudient from recording so much. I can put it down to this timeframe... as in early to mid-February 2015 probably, but I can't put it down to an exact incident or an exact day. Actually, the first major incident that I had hearing some of these negative voices outside of the recordings happened one afternoon when I was at work. So here it didn't happen right after I had been doing EVP sessions for hours and listening to the recordings very intensely, it happened the next day in the middle of the afternoon when I was at work and not recording. I've always wondered about this. Why did they decide at that moment to spring this surprise on me? I speculate that they might have done this to see if I would freak out, have a panic attack at work and create a dramatic scene which they might find amusing. I was freaked out to say the least when this incident occurred, but I held it inside and did not create a scene at my work. But what troubles me about this is that these entities knew at some point that I would be able to hear them outside of the recordings, they knew this and I didn't. Did they know this for just a short time before this incident, just a day ...two days... three days... did they know for a week or two weeks? Basically they were the first to know and this gave them an advantage over me.

There was a warning sign, but I missed it. Before this first major incident....where I heard these negative voices speaking to me at my work, there was another incident that should have raised a red flag for me, but unfortunately it didn't. This other incident occurred probably in the first week or two of February 2015. One night I decided that I would experiment with various background sounds while I was recording. Events were happening so quickly and things were becoming so intense that I basically gave myself a crash course in EVP techniques and history. I had read some material about some researchers using various background sounds to attempt to bring out the EVP voices better, or give them greater volume so that they would hear them better. I believe in some of the material that I was reading, this was referred to as "a carrier sound." It was a source of sound that the spirits could amplify their voices over so that they could be heard more clearly. So one night I decided to experiment with this. I had a laptop computer and I did a few recording sessions where I was playing videos of things such as television white noise.... rain sounds...the sound of a running fan. There's all sorts of videos out

there on the internet with this kind of stuff. There were videos that were ten hours long and it was just non-stop rain sound, the sound of pouring rain. All of these videos gave off a steady background sound in the environment. I did see some results from this experiment. I found that it did in fact seem to make some of the voices much louder. However, it also seemed to diminish the number of voices to a degree. So while I did hear some of the voices louder, I didn't hear as many of them. The background sounds seemed to drown out some of the fainter voices.

Another thing that I noticed was that there was a female voice present, and this voice was actually the voice that would later on become my main tormentor and in fact....is the voice that I still hear today. This is the female voice that refers to herself by the name Crystal. I first began hearing her voice in February 2015 as I recall. I know that she wasn't there during the first few weeks, at least not in the way that I recognize her voice now. But when I started to hear her voice in February 2015 on my recordings, it caught my attention right away. Even then she seemed to be very outspoken, her voice seemed to stand out above many of the others. And her voice had a particular sound to it and I could easily recognize it. Even then I got something of a vibe from her, but I had no idea at the time how she would torment me later on. She seemed right from the start...something of a prankster. She wasn't menacing or insulting me at that point... like she would later on, but it seemed like she would sometimes try to mess with me a little bit, just a little bit for her own amusement. Basically she wasn't as outwardly friendly and benevolent as some of the initial voices that I heard in the very beginning, back in January. Again, she wasn't cruel or sadistic like she would be later, but she was just different and I started to notice her presence on my recordings more and more.

So on this particular night when I was doing my recording sessions with these videos of background sounds going, I noticed something, I was hearing this female voice at times....Crystal's voice, but I was hearing it right then and there in real time. I was hearing her voice speaking to me coming through the background sound right then and there while I was recording. Prior to this, I had only been hearing these voices when I had gone back and listened to the recordings, I had not yet had a single incident of hearing them in real time. Her voice wasn't faint either, I could plainly hear her speaking to me through the background sound right then and there. I wasn't startled or frightened by it, quite the opposite... I was elated by it. I thought that this was a very interesting and fascinating turn of events. This is where I definitely missed the warning sign. Up to this point my experience had still primarily been a positive one, or at least I perceived it that way. This may have been around the time when I first started to hear some negative voices on my recordings, when I would hear an insult or a critical statement towards me here in there. However, these incidents started off rather slightly. Later on, just a few weeks later... towards the end of February, my recordings were dominated by these negative heckler voices. I would go back and listen to a recording and it would be something like 80% negative contentinsults...threats.... jokes at my expense or something like that. But in the beginning, it just started off with a few isolated incidents here and there. So even though I could tell that Crystal was a bit different from some of the more friendlier voices that I had been hearing for the past few weeks, I didn't regard her at the time of this incident as hostile ...and certainly not as dangerous.

At the time, I had no idea of what was going to hit me just a few weeks down the road. I had never heard of people being attacked by the EVP voices that they had been hearing on the recordings. I think it was around this time that I first started to read about how it has been observed that some people do develop clairaudience from doing EVP recording, especially for a prolonged period of time. But nothing I read described what I was about to experience a few weeks later. So I still had no idea that this could happen. But yes, that was the first incident where I did hear a voice in real time as I was recording and not when I was listening to the recording. And even more, this particular voice that I heard that night was the voice that was going to become my main tormentor in the future. It was certainly a warning sign that I missed.

So just trying to pin down a time frame of when these entities might have discovered that I would be able to hear them outside of the recordings, maybe they became aware of this that night. I just don't know, I don't know how this works exactly. Perhaps they knew right from the start the first time I turned on the voice recorder to do a session. I do remember a voice at some point early on saying "you're different".... but I didn't know what they meant by that, so I didn't think too much about it. Maybe they did know that I would be a prime candidate to go clairaudient and that they could hijack this ability and turn it against me. Or perhaps Crystal was surprised that night, just as I was surprised when I heard her voice right then and there in real time. Perhaps that was when the plot to attach to my life was really set in motion. I simply don't know. I do know that there were certain points and incidents where I had crossed a line... where I was no longer doing one thing with all of this, I was doing something else. If I started out seeking to investigate, I ended up engaging in prolonged direct channeling, or communication with these entities. While I was recording, when I did ask these voices about their identity (and this was before things started to take a bad turn) they would often respond with answers that implied that they were human spirits....or the spirits of human beings that once lived upon the Earth just like me. They didn't really come out and say this directly, but they would tell me a name or say that they were from a particular city right there in my state or they would tell me the year that they were born. Some even gave me a name and I recognized the name as being the name of local families in the area where I lived. I remember thinking that this makes sense because they're probably in the area looking over their family that is still here on Earth. Perhaps I should have been suspicious about this, but at the time I wasn't. Again, at the start.... things seemed very positive, very benevolent and very fascinating. Nothing that these voices did earlier on gave me a reason to be suspicious of what they were saying. I know this sounds naïve, and in hindsight I realize that it is, but again.... things just started happening very quickly. As I mentioned, within one week I went from hearing practically nothing on my recordings to hearing a bunch of voices on practically every single recording. Things were happening that fast. So yes.... I confess that I was certainly naïve, but looking back now... I'm not even sure if I had a chance to really process all that was happening. This is actually another aspect of the danger of being hit with an attachment situation I feel... because I've seen this in case after case of similar situations. Some of the individuals that I have met that have also had similar experiences.... captured voices on their very first try at EVP recording. Others started hearing the voices outside of the sessions within a very short time as well, within a couple of weeks. Many of the other accounts I've seen share this in common.... that things started to happen very quickly, The communication became very intense very quickly. So I have since come to view this

as an aspect of the danger as well. Does this always mean that an attachment situation is impending? I'm not saying that, I'm just saying that I've seen this in quite a few other accounts of entity attachment.

So again, perhaps this can be viewed as crossing another line where even though you're not necessarily doing anything on your end to bring this about, things start taking a turn away from investigating and towards direct and prolonged communication. Well, I know I've rambled on quite a bit here and I didn't ramble about all of this in my comment to this individual on this online discussion forum. I did give a basic outline of it basicallyjust stressing that if you decide to pursue this, be mindful of what you're experiencing, be mindful of events, don't make the same mistake I did in allowing events to overtake you and not giving yourself a chance to step back and reflect upon your experiences. Stop and ponder if you're crossing any of these boundaries, if what you're engaged in has changed drastically and is not exactly what you set out to do in the beginning. Yes, it's easy to get caught up in events.... especially when they're happening so quickly, but be aware of this, be aware that this could happen... then try to avoid it.